

CULINARY ARTS STUDENT SAFETY CONTRACT

PURPOSE

Culinary Arts is predominantly a hands-on lab class. You will be doing many lab activities. Safety in the classroom is the #1 priority for students, teachers and parents. To ensure a safe classroom, a list of rules has been developed and provided to you in this student safety contract. These rules must be followed at all times. This contract must be signed by both you and a parent or guardian **before** you can participate in the lab. Please make a copy for your records.

GENERAL RULES

1. Conduct yourself in a responsible manner at all times in the lab.
2. Follow all written and verbal instructions carefully. If you do not understand a direction or part of a procedure, ask the instructor before proceeding.
3. Never work alone.
4. No student may work in the lab without an instructor present.
5. When first entering a lab, do not touch any equipment or other materials in the lab area until you are instructed to do so.
6. Perform only those labs authorized by the instructor. Unauthorized labs are prohibited.
7. Never do anything in the lab that is not called for in the lab procedures or by your instructor.
8. Be prepared for your work in the lab. Read all procedures thoroughly before entering the lab.
9. Never fool around in the lab. Horseplay, practical jokes and pranks are dangerous and prohibited.
10. Observe good housekeeping practices. Work areas should be kept clean and tidy at all times. Materials (books, purses, backpacks, etc.) should be stored in the classroom area.
11. Keep aisles clear.
12. Know the locations and operating procedures of all safety equipment including the first aid kit, fire extinguisher. Know where the fire alarm and the exits are located.
13. Be alert and proceed with caution at all times in the lab. Notify the instructor immediately of any unsafe conditions you observe.
14. Keep hands away from face, eyes, mouth and body while conducting a lab. Wash your hands with soap and water before, during, and after performing all labs. Clean all work surfaces and equipment at the end of the lab. Return all equipment clean and in working order to the proper storage area.
15. Labs must be personally monitored at all times. You will be assigned a lab at which to work. Do not wander around the room, distract other students, or interfere with labs of others.
16. Know what to do if there is a fire drill during a lab. Any electrical equipment must be turned off.
17. When using knives and other sharp instruments, always carry with tips and points pointing down and away. Always cut away from your body. Never try to catch falling sharp instruments. Grasp sharp instruments only by the handles. Follow proper safety procedures in regards to knife safety.
18. If you have a medical condition (e.g., allergies, pregnancy, etc.), check with your physician prior to working in the lab.
19. Please inform the instructor of any and all medical concerns or allergies.

CLOTHING

20. Proper uniforms must be worn at all times during a lab activity.
21. Long hair, dangling jewelry, and loose or baggy clothing are a hazard in the lab. Long hair must be tied back in a hair restraint. Dangling jewelry and loose or baggy clothing are not permitted. Only non-slip, foodservice safe shoes may be worn in the lab.
22. Lab aprons have been provided for your use and should be worn during labs.

ACCIDENTS AND INJURIES

23. Report any accident (spill, breakage, etc.) or injury (cut, burn, etc.) to the instructor immediately, no matter how trivial it may appear.
24. Students will be sent to the nurse for all accidents and injuries even though there is a first aid kit present in the lab.

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HANDLING GLASSWARE AND EQUIPMENT

25. Never handle broken glass with your bare hands. Use a brush and dustpan to clean up broken glass, under the instructor's supervision. Place broken or waste glassware in a location designated by your instructor.
26. When removing an electrical plug from its socket, grasp the plug, not the electrical cord. Hands must be completely dry before touching an electrical switch, plug or outlet.
27. Examine glassware before each use. Never use chipped or cracked glassware. Never use dirty glassware.
28. Do not immerse hot glassware in cold water; it may shatter.
29. Report damaged electrical equipment immediately. Look for things such as frayed cords, exposed wires, and loose connections. Do not use damaged electrical equipment.
30. If you do not understand how to use a piece of equipment, ask the instructor for help. Do not use any equipment until properly trained.

HEATING SUBSTANCES

31. Exercise extreme caution when using a gas burner. Take care that hair, clothing and hands are a safe distance from the flame at all times.
32. Never leave a lit burner unattended. Never leave anything that is being heated. Always turn the burner and oven off when not in use.
33. Heated metals and glass remain very hot for a long time. They should be set aside to cool and picked up with caution.
34. Do not place hot equipment directly on counters. Allow plenty of time for hot equipment to cool before touching it.
35. Hot and cold glasses have the same visual appearance. Determine if an object is hot by bringing the back of your hand close to it prior to grasping it.

QUESTIONS (circle "yes" or "no")

36. Do you wear contact lenses?
Yes No
37. Are you color blind?
Yes No
38. Do you have allergies?
Yes No

If so, list specific allergies _____

AGREEMENT

I, _____, (student's name) have read and agree to follow all of the safety rules set forth in this contract. I realize that I must obey these rules to ensure my own safety, and that of my fellow students and instructor. I will cooperate to the fullest extent with my instructor and fellow students to maintain a safe lab environment. I will also closely follow the oral and written instructions provided by the instructor. I am aware that any violation of this safety contract that results in unsafe conduct in the lab or misbehavior on my part, may result in being removed from the lab, detention, receiving a failing grade and/or dismissal from the course.

Student Signature

Date

CULINARY ARTS STUDENT SAFETY CONTRACT

Dear Parent or Guardian:

We feel that you should be informed regarding the school's effort to create and maintain a Culinary Arts lab environment. With the cooperation of the instructors, parents, and students, a safety instruction program can eliminate, prevent, and correct possible hazards. You should be aware of the safety instructions your student will receive before engaging in any lab work. Please read the list of safety rules above. No student will be permitted to perform lab activities unless this contract is signed by both the student and parent/guardian and is on file with the instructor. Your signature on this contract indicates that you have read this Student Safety Contract, are aware of the measures taken to ensure the safety of your student in the lab, and will instruct your student to uphold his/her agreement to follow these rules and procedures in the lab.

Parent/Guardian Signature

Date